



# COVID-19 Communion Practices

Zion is returning to a more normal in-person worship schedule at **8:00 and 10:30 am**. **Holy Communion** will be offered in the sanctuary according to our traditional schedule: 1<sup>st</sup> and 3<sup>rd</sup> Sundays at 8am, 2<sup>nd</sup> and 4<sup>th</sup> Sundays at 10:30 am, and 5<sup>th</sup> Sundays both. **Drive-in Communion** will be offered on Sunday, September 20, at noon. **If you are unable to attend sanctuary or drive-in communion services** but would still like to receive communion, please contact one of the pastors at the church office, 618-233-2299.



**Careful safety measures will be followed in both preparation and distribution of Holy Communion.** When communion trays are prepared by the altar guild, the person preparing them is gloved and masked. The elements will be placed on the altar so that no movement of them is necessary. Pastors will wear masks during the communion liturgy at the altar, since they will be in “breathing distance” of the elements.



**Our Pastor(s), Elders, and Communion assistants** will wear masks and take every precaution during continuous Communion. Pastors and elders will also sanitize hands before preparation of elements and before distribution.



**Distribution will be continuous.**

- Communicants will be ushered down the center aisle alternating sides in a manner that allows for distancing.
- People will remain on lower level.
- A masked pastor and communion assistant will serve communion on either side.
- Communicants should keep their mask on until receiving bread and wine.
- The pastor will hand out the host (bread) to each communicant
- The elder (who will also sanitize hands prior to distribution) will hold out the tray with spaced individual cups
- There will be a place to dispose of the empty cups at each side aisle.